

# SADIE R. SMITH

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www.akesocounseling.com

## ***Education:***

### **Master of Arts: Counseling Psychology; Marriage and Family Therapy**

Regis University, Las Vegas, NV; 2009

Thesis: *Prenatal Attachment*

### **Bachelor of Music Education**

VanderCook College of Music, Chicago, IL; 2002

## ***Licensing / Certifications:***

Trauma Recovery Humanitarian Assistance Program (HAP)

EMDR Basic Training Volunteer Trainer

EMDR Basic Training Volunteer Facilitator

EMDRIA Approved Consultant

EMDR Certified Therapist

Licensed Marriage and Family Therapist, CO – LMFT 1048

## ***Post Graduate Training:***

- Trauma Recovery HAP Basic Training Trainer; 2021
- Cultural Responsiveness and Addressing Cultural Trauma and Adversity in EMDR Therapy,
  - EMDR Advanced Training and Distance Learning; May, 2021
- EMDR 2.0: An Enhanced Version of EMDR Therapy / Simplifying Complex PTSD: New Treatment Approaches
  - EMDR Advanced Training and Distance Learning; Suzie Matthijssen & Ad De Jongh; May, 2020
- Acute Stress Syndrome Stabilization Remote (ASSYST-R)
  - Scaling Up: Dr. Ignacio Jarero; Feb. 2020
- Trauma Recovery HAP Basic Training Facilitator 2018
- EMDR Case Conceptualization, Treatment Planning and Target Sequencing
  - EMDRI International Association; Andrew Leeds; August, 2018
- Global Summit Conference – EMDR Early Intervention and Crisis Response
  - EMDR International Association; Natick, MA; April, 2018
- EMDR Protocols for Recent Critical Incidents and EMDR Group Protocol
  - EMDR Institute; Dr. Ignacio Jarero, January, 2018
- Treating Dissociative Disorders with EMDR Therapy
  - EMDR Institute; Dolores Mosquera, PsyD; Sept. 2017
- EMDR Approved Consultant (Consultation provided by Tamra Hughes)
  - EMDRIA – Nov. 2015
- EMDR Certification (Consultation provided by Roger Ludwig and Kathleen Martin)
  - EMDRIA - 2012
- EMDR Part II with trainers: Michael Keller Jan Schaad, and Katie O’Shea
  - Jackson Hole, WY; November 2010.
- EMDR Part I with trainers - Jim Knipe, Jan Schaad, and Janet Wright;
  - Jackson Hole, WY; May 2010.

## ***Professional Experience:***

### **Therapist, & EMDRIA Approved Consultant**

Akeso Counseling, LLC  
Denver, CO  
Bozeman, MT

July '17 - present  
May '14 – Jan. '16

### **EMDR Clinician & Consultant**

Scaling Up, LLC;

Nov. '18 - present

### **EMDR Basic Training Facilitator & Trainer**

Trauma Recovery Humanitarian Assistance Program (HAP)

Jan. '18 – present

### **Mental Health Consultant**

Endai Ministries, Chinhoyi Zimbabwe

Jan. '14 – April '14  
(in country)  
April '14 – Jan. '16 (distal)

### **Clinician III / General Therapist**

Colorado West Regional Mental Health, Inc. (*now Minds Springs Health*)  
Frisco, CO

Nov. '12 – Oct. '13

### **Early Childhood Family Therapist**

Yellowstone Behavioral Health Center  
Cody, WY

Sept. '09 – Oct. '12

## **Research Experience**

### **Published Research:**

Kelly S-D, Sarah F W, Sadie S. Field Study on the EMDR Integrative Group Treatment Protocol for Ongoing Traumatic Stress with Female Survivors of Exploitation, Trafficking and Early Marriage in Dhaka, Bangladesh. *Psychol Behav Sci Int J* .2020; 15(3): 555911. DOI: 10.19080/PBSIJ.2020.15.555911